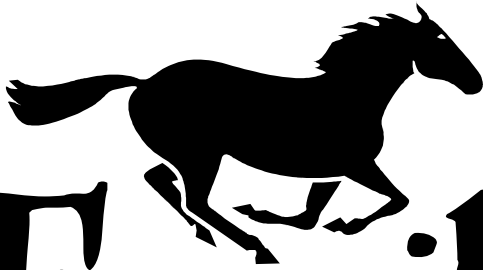


PACIFIC NORTHWEST ENDURANCE RIDES, INC.



Family News

NO. 44

PUBLISHED MONTHLY

APRIL 2005

From the President's Paddock...

The last month has brought a lot of news our way, and I'm saddened to say, not all of it good. We tragically lost one of our PNER family members in March, and she will be sorely missed. Dawna Bynum-Boyd has given much to PNER, most recently as the 2004 Treasurer. Her death leaves a void in the hearts of many. We've dedicated a portion of this newsletter to her memorial.

Our other news comes from across the globe, where an impressively Pacific Northwest weighted contingent of US and Canadian riders competed in the desert sands of the United Arab Emirates. There were two races held. First, The World Championships in Dubai, and then the President's cup in Abu Dhabi. We had Pacific Northwest riders in both events and they all should be commended for their efforts to do well by their horses and their team. The Canadian Team placed 4th in the World Championships, Congratulations! The stories of the riders' adventures are just now coming in, and it sounds like it was quite an adventure, unlike any endurance ride around here. Read on for part one of Carol Giles' account.

So as ride season gets underway, remember to appreciate the great opportunities this sport provides. Whether you participate just occasionally in the local events, or aspire to literally "trot" the globe, this organization is here to support you. The memories you take home from the new friends you've made, to the challenges you've met, are special and will always be with you.

From the Vice President's Corral...

Now, go hug your family AND your horse. We don't know what tomorrow brings, but we can appreciate today.
Sincerely,
Julie Barnfather

The PNER family is a creative bunch. We relish the opportunity to express our individualism in many ways—our dress, our choice of tack and gear for our horses, and last but not least, our TEAM NAMES. Have you noticed? Men in Tights. The Eh Team (I love that one). Tumblin', Tumblin' Tumbleweeds ... And it's not just the names that are unique. Each team has its own goals and agenda. I just heard that the Canadians divvy up people randomly so everyone gets a crack at a different team each year. Some teams are composed of high mileage serious competitors. Others pride themselves (T-weeds, unite!) on Really Excellent Post Ride parties and fine cuisine. We also (I'm a T-Weeder) pride ourselves on being one of the longest-lasting teams out there. We have become great friends in our drive to...well, actually, we have little drive to do much of anything points-wise. We just have fun.

So...if you're not on a team, think about it! Get on the PNER listserv and volunteer yourself—I think Northern Lytes is looking for members, but they may have specific passport requirements (-:....

I said before the generosity of this sport is what's so wonderful about it. There's truly a team for everybody, from the competitive points chasers to just plain folks who like to potluck together. It's a great way to meet new people, and find a new reason to...get out and ride!
See you on the trails!.....Sandy Cheek



My Dubai Story

“For all of life is like that race,
With ups and downs and all.
And all you have to do to win,
Is rise each time you fall.”

Dee Groberg

Part One
by Carol Giles

The most frequent comment I hear about my experience on the United States World Cup Endurance Team and my decision to withdraw my horse, Stranger, 88 miles into the race is “you must be very disappointed.” As odd as it might sound, nothing could be further from the truth.

From the day I left Oregon for training camp in Florida to my return home some three months later, I enjoyed the adventure of a lifetime. While the journey did not always go as planned, I know that on race day I rode my horse to the best of my abilities given the cards I was dealt. And while our team did not medal, I know that I am a better person and a better rider for the experience. I have developed skills that will serve me well during the rest of my endurance career and I have many new friends who will brighten my life for years to come.

Now don't misunderstand me, failing to finish a team does not sit well with anyone on the squad. But rather than kindling disappointment, it sparked an even stronger desire to do well next time. Whether as a rider, a mentor for a rider new to the international arena, or as support staff, we will all do what we can to assure our sport's future success in the international arena.

And so, let me share the adventure . . .

Oregon To Florida – The Journey Begins

On November 15th, Sue and Dennis Summers and I departed Oregon in a caravan bound for Florida. It was not a departure full of joy. To the contrary, it was a departure full of apprehension. This apprehension resulted from a horse/rider ranking issued from the staff that placed the three of us near the bottom of the list. The idea of traveling to Florida only to be cut from the squad was, for me, almost unbearable. After receiving a swift, but not gentle kick to the backside from my husband, Ron, I nonetheless loaded Stranger up and began the trip.

We spent the first night near Sacramento at fellow endurance rider Chuck Sulley's home. The next found us outside Los Angeles. The place we were to stay sat atop a very steep hill. Meeting us at the bottom, the owner took one look at

our rigs and commented that he “was not sure we could make the hairpin turns on the narrow road.”¹ Since it was dark and we could not see our rigs behind us, we decided that the Summers would go first and I would honk at them if they were about to hit a tree, wall, house or other immovable object on one of the turns. I, on the other hand, would simply trust my driving skills² and make the turns unaided using only the open window of my truck to tell me if I smashed into anything. The top of the hill came into view after only a few loud unidentified scraping noises and we were amazed to find that the horses had a million dollar view of the city lights lying at their feet.

After spending a day resting in LA we found ourselves stuck in an LA traffic jam on our way to Tucson, where we enjoyed the hospitality of the El Mara Arabian Ranch. From there it was off to Johnny Bean's quarter horse ranch in El Paso and rain, mud and cold weather. The next day found us in the fairgrounds at Orzone, Texas where the rain and wind continued. Finally, we emerged from the foul weather near Houston where the traffic was, unbelievably enough, even worse than we experienced in L.A. Luckily, I was entertained the entire time we were stuck in traffic by watching the Summers' motor home rock back and forth; like most men, Dennis was a pillar of patience and forbearing during this time. Finally, after two hours, we moved the 20 miles to our overnight location.

We spent the next two days in Houston enjoying a home cooked Thanksgiving meal and the company of some of my old Alaska friends. But then, our first disaster struck. Just as Dennis and I were loading up the horses, Sue came out and announced that she could not find Zoom, their cat, in the motor home.

Now for those of you who have not met Zoom, let's just say that Zoom has been described by some as “the cat that looks like a huge toad” and the cat that “makes Garfield look thin

¹For those of you that remember our trip to Oreana a few years back, this sounds a bit familiar doesn't it?

²All readers are strictly forbidden from listening to comments made by my husband about my driving skills. Any stories he tells about me denting every panel on his truck are pure fiction, and to this day I still do not know how that tree put that other dent in the side of my red truck.

(Dubai....continued)

and fit". Now don't get me wrong, Zoom is absolutely adorable. It's just that with legs no more than two inches long, at 15 pounds she is not a cat you can easily misplace.

After an unsuccessful second and third search of the motor home we finally concluded that Zoom had somehow escaped into the great outdoors. A two-hour search of the barn, house, and nearby trees produced neither hide nor whisker of Zoom. At one point though, Sue thought she heard Zoom meow near the front of the motor home. Being the good husband he is (or maybe it had something to do with having a hysterical wife), Dennis crawled under the motor home looking in every crook and nook he could find, and almost dismantling the motor home in the process. Still, nothing. Finally, we resigned ourselves to staying another day in the hopes that Zoom would come home. Then, just as Dennis was taking the horses back to their pasture, I opened the motor home door only to see Zoom dash toward the back where Sue was busy shaking Zoom's food bag (Zoom did not, after all, get to weight 15 pounds by being a finicky eater.) We think that somehow she managed to climb up under the dashboard and sit there while we were frantically searching for her. Cats – they have an odd sense of humor (and now Zoom has a bell on her collar)!

That night found us in a lovely spot outside of New Orleans where the horses were turned out into a large pasture. The next morning the owners came running out and told us to get the horse into the barn as a tornado was headed our way. While no tornados landed, we did experience a rainstorm like no other we had ever been in. So, instead of going on a swamp tour, which had been on our agenda, we opted to go eat "Southern" - crawdads, turtle soup, hushpuppies, and fresh shrimp. Yum!

One more night camped at a 4-H camp in Florida and we arrived at Valerie and Larry Kanavy's farm. The countryside consisted of beautiful rolling meadows and woods with large turnouts for the horses. Who then knew what menace was to be found in those woods!

Training Camp

Our first days at training camp were filled with hand-walking the horses, getting areas for gear and feed set-up, cross fencing the

pastures, etc. Most of the riders stayed a mile from the horses at the Black Prong Equestrian Center, a beautiful driving facility with several outdoor arenas, driving obstacles, numerous barns, access to area trails, small cabins where many of the riders stayed, and trailer hook-ups where the Summers and I stayed. Our favorite spot at Black Prong was the water hazard marked with the sign "Caution – watch for alligators".

As the staff arrived we began the daily ritual of trotting out the horses. We quickly learned that, after trotting the horse straight out, proper showmanship requires that you turn right thereby assuring that the rider walks further than the horse. The staff drove this home by making it mandatory that as each rider trotted out their horse, the rest of the riders yelled "turn right."

The most fun was watching Sue's horse, Raymond, who figured out what "turn right" meant and would whip around even if he was not done trotting yet.

Finally, training began and we were introduced to the scariest plant on earth, the palmetto. Here in the west we know the palmetto as a houseplant. In Florida they grow to be the size of a small house and are inhabited by a variety of creatures. Meet the armadillo, the wild pig, and the turtles that stand on their hind legs when threatened and appear, at least to Stranger's pea-brain, 20 feet tall. After that, each training ride was also a search to discover (and out run) the Velociraptor, the Tyrannosaurus, and the T-Rex also hiding in the palmetto. This was after all, according to Stranger, Jurassic Park and not Florida!

And so we filled our days with trot-outs, training rides, meetings, running,

biking, movies in the evening at the Black Prong pavilion, dinner at the local bar, Willards, and finally, Zoom's now famous Stupid Pet Trick. You all remember the saying "Snug as a bug in rug", right? Well, substitute a 15 pound cat for the bug and you get the general idea. Dennis would roll Zoom up a blanket and then prop the blanket so that Zoom was "standing" upright. There she would calmly sit until the blanket tipped over.

We practiced riding "in-line" rather than side-by-side so the horses would learn to relax when not leading and would not care when other horses raced by. This sounds easy, but took time to work out; constantly adjusting the speed to find a pace

(Dubai....continued on next page)



(Dubai....continued)

that worked for all the horses, learning how best to change lead horses and learning to communicate up and down the line so that everyone was comfortable with what was going on.

We enjoyed an intensive week with Daniel Stewart, a riding instructor and sports psychologist, who videotaped and critiqued our riding, taught us a stretching regime specifically for riders, and helped us learn strategies to deal with the stress of a world class competition. We followed this with an incredible week of riding lessons with Donna Snyder-Smith who taught all of us more than we ever imagined possible.

For those of you who have never worked with Donna, she is a little like Superman—she has x-ray vision. Imagine trotting down a road at 12 miles per hour. You have a rider next to you and two more riding side-by-side behind you. Behind them, Donna is in a car with a megaphone. Now imagine hearing this: “Carol, stop tightening your chest when you make a turn, and for heaven’s sake put your left hand down another inch where it belongs, and your right leg is too far forward to hold Stranger’s hip in the right position so fix it....” And imagine knowing that everything she just told you was dead-on right. Whew!

And while we had many laughs, there were also a lot of miserable days. Becky Harris’ horse, Honey, suffered a bout of colic and then a sore foot, followed by Becky crunching her truck on an automatic gate that swung shut a little before she was ready. Joyce Suzia’s horse had an elevated CPK when he arrived and repeated lameness problems once training started. Susie Hayes horse, Quincy, had a serious allergic reaction to a tick bite, then a lameness problem from new shoes that just refused to resolve itself. Raymond was on-again off-again lame for the first time in his long career and Dennis’ horse, Rosie, fought a hoof abscess and heel bruise. Stranger and Meg Sleeper’s horse, Troy, developed a viral infection complete with cough and high fever. Christoph Schork’s horse was ultimately diagnosed with an injury that destroyed any hope of riding in Dubai.

And so as the days went by we learned that, even after you give 100 percent, there is still an element of luck that you cannot predict. We all learned to cut each other some slack, to celebrate each other’s victories no matter how small, and to share tears at each disappointment. We learned to grow from each experience and, above all, we learned humility. And then it happened. Suddenly, and without warning, we stopped being a group of individuals. We became a team.

To be continued next month.....



May 7, 2005 - 100, 80, 60, 30 Miles

Ride the Owyhee Front in the springtime! The course will have a 60 mile loop, leaving camp and heading west. Dropping down into Sinker Canyon, crossing the historic Joyce Ranch. Head north to the Snake River. A 6-mile trail along the river will take you past petroglyphs and old homesteads, with spectacular views of river canyon walls, and raptors (you’ll ride through habitat managed by the World Center for Birds of Prey). Climb out of the river canyon, and then take the old Oregon Trail back down into Sinker canyon through the historic Rio del Sierra Ranch. Back to camp at 60 miles. 80’s and 100’s will do additional loops out of base camp. LD’s will ride in the afternoon, 2 loops out of base camp. Excellent footing, easy/moderate trail with a few climbs and rocky stretches. Some sand. Plenty of parking, corrals available for rent (first come or reservation), hot showers. Pre-ride Dinner and Social sponsored by Lynne Nicholson’s Galloping Gourmet catering service. Breakfast and awards Sunday morning. Head Vet: Sarah Metcalf DVM

Ride Managers : John & Steph Teeter. 208.834.2788 . steph@endurance.net

Website: <http://www.endurance.net/oreana/owyhee100>

Oreana is in SW Idaho, 1 hour south of Boise. Directions to base camp:

From I-84 take exit 35, south onto Nampa Blvd. Left on 3rd St, follow signs to Hwy 45 towards Murphy and Silver City. Right onto Hwy 45 (12th). Go LEFT on Hwy 78 after crossing Snake River. Stay on Hwy 78 approx. 23 miles. Turn right on Oreana Loop Rd. (past mile marker 42) Take first right past trailer houses onto gravel road. Continue 4.5 miles to camp. Driving time from Nampa is about 1 hour.



New ride - experienced ride management – Come give it a try!!

KILPOOLA KAPER MULTIDAY

Osoyoos, B.C.

April 30, May 1 & 2, 2005

50-55-50 / 30-30-30 / Plus Fun Ride each day

Join us for 3 days of endurance riding in the beautiful South Okanagan on the B.C./Washington border. Base Camp will be at the Elkink Ranch.

Directions: from the South take Hwy. 97 through border crossing at Orville/Osoyoos proceed 2.4 miles to traffic light, turn left on Hwy. 3 and proceed 8.4 miles, turn left into camp. From the North follow Hwy. 97 to the traffic light and turn right and proceed to camp as above. From the West at Keremeos take Hwy. 3 to Osoyoos for 17.4 miles, turn right into camp. From the East stay on Hwy. 3 and follow as above.

Head Veterinarian: Gene Nance, with Jen Strelkauskas and Gail Jewell

Fees: In Canadian Funds: 50/55 Miles \$80.00 30 Mile \$50.00 Fun Ride \$20.00

- Must have current AERC card or pay \$10.00 AERC fee (except for fun ride)
- ERABC members deduct \$5.00
- Junior discount of 10%
- NO discount for Fun Ride

Dinner & Awards: Dinner will be included each day for the rider, \$10 for any extra meal tickets. Awards and ride meeting to follow dinner each night.

General: Trails will consist of moderate elevations, open rolling hills, desert and single track cow trails. Some rocky sections. Shoeing optional. There will be outchecks, and horse water and hay will be provided. Extra family and friends who would like to volunteer are very welcome, and will receive free meals! ALL DOGS ON LEASHES – no exception.

Campsites: is a large sheltered meadow with lots of room for parking, and easy access. Horse water provided, bring people water.

Ride Manager: Don Boscher

#22-750 Railway Lane, Okanagan Falls, BC V0H 1R0

Email: tboscher@telus.net

Phone/Fax: 250-497-8504

http://www.img.net/ERABC/erabc_rides/kilpoola/kilpoola_index.htm

Klickatat Trek Endurance Ride

May 21st, 2005 15/25/50/75

Glenwood, Washington

CAMP - Glenwood Rodeo Grounds. Easy access of the main rd. Large area for camping, trailers, motorhomes. Well water for horses.

TRAIL - Excellent footing thru pine-forest, on jeep roads, elk and cow paths. Water crossings. 4 loops, all vet checks in camp.

VETTING - Pre-ride vetting will begin friday afternoon. Ride meeting to follow at dusk. Head Vet: Dr. Michael Foss DVM

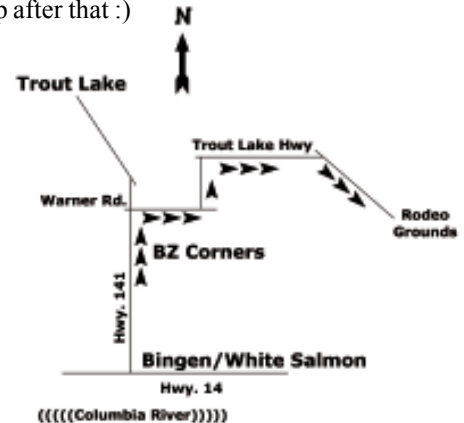
ENTRY FEES - .15/\$25, 25/\$55, 50/\$75, 75/\$85. Jrs 1/2 off. Add \$10 non-AERC members. \$1 drug testing fee.
CAMPING CHARGE THIS YEAR \$5/per vehicle.

FOOD - The Grange will be offering their home cooked meals at down home prices.

AWARDS - Completion Sweat Shirts, Top Ten, B.C., Jr. Awards and more.

All AERC and PNER rules apply. And any others the management deems fit. Like no tepee creepin after 10pm and keepin yer pet Iguanas on leashes and such.

For more info. contact managers:
Marilyn Milestone or Leanne Studdard at:
Ph. 360-887-4258 E-mail: MMilestone@aol.com
8004 S. 5th St., Ridgefield, WA 98642
Please make all inquiry before May 11th.
We'll be at camp after that :)



PACIFIC CREST ENDURANCE RIDE - July 2

50, 30 and 10 mile fun ride

Ashland, Or.



Pacific Crest is a fund raising ride sponsored by Rogue Riders Endurance Club. We use the proceeds to support local equine charities. This year we support Eagle Horse Foundation for at risk children; Equine Rescue Ranch and the NorthWest International endurance team.

Limited to 150 riders

Entries : AERC rides: 50 mile - \$80 30 mile - \$60 Pleasure Ride: 10 mile - \$35

Make checks payable to Rogue Riders. Mail entries to T. Canavello, 7865 N. Applegate Road, Grants Pass, OR 97527.

Please PRE-REGISTER! Entries received AFTER JUNE 25 (AERC) will be charged a \$5 late fee. Entries to the 50 and 30-mile rides must show their current AERC cards or pay \$10 for a day entry fee.

Horse water is available, but bring people water. ALL dogs must be on leash or confined. The cost of dinner for non-riders will be \$5.00 each.

Trail:

50-mile: Start 6:30 a.m. The course is one loop through some of the most beautiful high mountain forest in Southern Oregon. Most of the trail is on single track forest trail. There is some native rock because this is a mountain ride.

30-mile: Start 7:30 a.m. The course is one loop through beautiful forest and then across high mountain plains and meadows. There is some native rock because this is a mountain ride.

10-mile pleasure ride: Start 9:30 a.m. An easy trail through meadows and Lily Glen Park. A chance to experience what an endurance ride feels like.

Directions:

From I-5 at Medford: Exit I-5 at Hwy 62. Drive north on 62 to Highway 140, turn right toward Lake of the Woods. At the top of the hill, about 27 miles, turn right on Forest Road 37. If you reach Fish Lake you have gone too far. At the end of Rd 37 turn right on Dead Indian Memorial Road. Travel west about 4 miles until you see ride camp on the left in a large meadow, just past Howard Prairie Resort Road.

From I-5 at Ashland: Exit I-5 on exit 14, drive east toward Klamath Falls on Hwy 66 for 1/2 mile. Turn left on Dead Indian Memorial Road. Drive up a steep, twisty road for about 15 miles, then things will level out. Look for Cow Camp on the right, about 17 miles from Ashland, just before Hoard Prairie Resort Road.

From central Oregon: take 97 south to Klamath Falls, turn west on 140 toward Lake of the Woods/ Medford. Just before Lake of the Woods turn left onto Dead Indian Memorial Road. Travel about 20 miles. You will see ridecamp on the left in a big meadow just after Howard Prairie Resort Road.

Special thanks to Ashland Ranger District of the Rogue River National Forest; the Medford District BLM and the Dauenhauer family for allowing us to ride through their lands. This event is under a special use permit from the Rogue River-Siskiyou National Forest.

Questions??? Call Terry Canavello 541-659-0560; canajello@vsiisp.net



Pacific North Squad Update:

Just a reminder for anyone who plans to nominate for the Pacific North Squad for the October 15, 2005 FEI North American Championship ride in Maryland. HORSE/RIDER nomination packets are due by 5-15-05!!! There is a new Pacific North web page that has all the forms and information, as well as contact persons for further information. It is: <http://www.pacnorthteam.com>

If you have any interest or desire to ride internationally, please check out this website and consider submitting a nomination packet.



Hey!

Who Wants PNER Points???

Who Wants Mileage???

Here are some tips for riders and Ride Managers from the Points Secretary for easy, accurate accrual of points and mileage. Be sure to get the credit for the rides you and your horse(s) have completed!

RIDERS:

1. Print your ride entry forms **very clearly**, especially your horse's name. I strongly recommend the use of registered horse names as they are more unique. It's harder to keep all the Maxes, Sams, and Buddies straight.
2. Use the same horse name all year. If you're going to use Sir Bucksalot, use it all year, and don't go back and forth between that and "Buck." This includes the "breeders or farm initials" at the beginning of the name. Sir Bucksalot and LKW Sir Bucksalot are considered two different horses.
3. Contact me at my email address (littleleo@foxinternet.com) at the first hint of a problem with your points, miles or ride results. Check the newsletters and PNER website frequently.
4. Send nominations in early. Please refer to your 2005 PNER Handbook for Award descriptions.

RIDE MANAGERS:

1. It's fine to email a spreadsheet with ride results, or send hard copies in the mail.
2. You must identify **every** junior rider, even if they are not PNER members.
3. Be sure to include names of BC winners, both senior and junior.
4. Please send ride results within a week of your ride.

I'm available for any questions you might have pertaining to point, miles, awards, or about whatever else I have a speck of knowledge (email is preferred, phone and mail are fine, too). Please direct all membership questions to Tiffany Leonard (arabracr100@yahoo.com). Also, Cheryl Conklin won't make changes to the ride results or standings on the website, so send your queries about ride results to me. Finally, have a great, safe ride season! -Lori Walker, Points Secretary.



\$500 Scholarship!

PNER sponsors a \$500 scholarship for members/students continuing their education past high school. The scholarship is awarded at the annual PNER convention to members/students who meet the qualifications and write a historical essay about endurance riding. The due date for the essay is December 1st, and it must be about an endurance ride, rider, horse or other topic associated with PNER. Other qualifications are: the winner must be a PNER member, and have ridden in at least one ride in the preceding ride year. Payment will be made when the student demonstrates that they are registered in a post high school institution. Questions can be directed to Arne Smith at Carlos_5000@msn.com or 541-912-0590.



WE WANT YOU FOR RIDE VOLUNTEERS

REPORT TO YOUR NEAREST
RIDE MANAGER!

Helping with an endurance ride is a terrific way to get involved, learn about the sport and be a huge help to the vets and riders. If you are new to the sport, it will help to prepare you for your first ride and give you a better understand what is involved in putting on a ride. I guarantee you will have a better appreciation of this sport if you volunteer at a ride. You will also meet new people and have a **BLAST!**

Here are some of the volunteer positions you can help with and descriptions for each of them. Some are very simple. Most are very fun!

NUMBER TAKER — Someone to take numbers of starting riders as they leave. Helps management know if someone did not start. Get to work the morning and free to help with another job or go crew.

PULSE TAKERS — Not difficult to learn. Ride managers can pair you up with an experienced person. The volunteer needs to be able to listen with a stethoscope to the horse's heart rate and count. The PR person must be able to shout and ensure the master-timer and assistant hear "#26 is down." Then the PR person must then write down the time given by the master-timer and write it on rider's card. Lots of action all day and fun job if you don't mind sweaty horses!

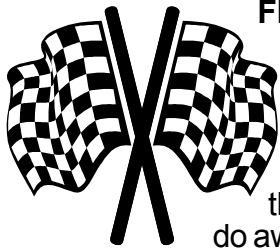
IN TIMER & OUT TIMER — Keeping track of riders coming and going. Some rides have an in-timer and an out-timer, some use one or several of both. The in-timer records the time the horse/rider enter the vet check. In-timing can be busy at times if there are a lot of horses entering at once. Sometimes ride management will have an in-timer AND an assistant to help keep everything in order. A GREAT job for 2 friends/buddies who want to volunteer all day and pass the time together during quiet times. There can be sun/wind/rain between arrival of horses. Helpful to have shelter, a book, company. Out-timers will usually work near vetting area. They tell the riders when they can go out. This is someone not afraid to SHOUT and will be the person to say "#26, 1 minute!"

MASTER-TIMER — A person who is accurate, who has the responsibility for the most valuable aspect of the day--keeping track of the in/out/finish times. Must be able to work under some stress. Deal with many ride times all at once. Ride management may have an assistant for the master-timer. Another great position for buddies/friends to work together.

BUTT MARKING PERSON — A fun and creative job that gets you to see all the riders and their beautiful horses, some of them famous! This is a great job to give juniors who are not riding. Must be horse-savvy enough to be confident around horse butts.

REGISTRATION/SIGN-UP PERSON — Must be a person who can come early to help with the sign-in desk. Helps sign in riders, taking money and keeping a list of the different distances. Must keep all the paperwork together and hand out ride maps and info packets to riders at each distance. Another easier job and great for meeting most of the riders.

VET ASSISTANTS (VET SCRIBE) — A valuable position where one can learn a great deal. Writes on vet cards for the vet while the vet is doing the vet check. Very educational job. You learn a lot about what the vet sees that many do not. You stay with the vet all day and sometimes get him some lunch.

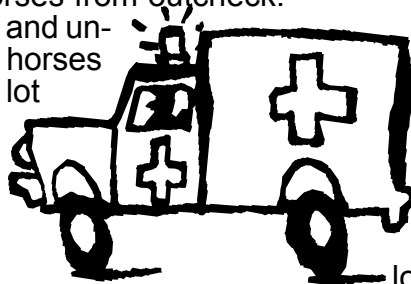


FINISH LINE — Keeps track of all the riders completing the ride (50+ miles). One of the most important jobs as it is the only way for ride management to know what order the riders completed. Cannot do awards without this person! Can

be an interesting job to see how riders finish. A supportive and cheerful position (cheer riders at finish). Requires attention to horse and number and time. Mark on sheet and rider's card. It can be a long day so nice to have some company, some shelter and book. Bring warm clothing and/or sunscreen.

TRAIL MARKING/UNMARKING — Usually done by ride management and volunteers who know the area and know the trails. I'm sure they would be more than happy to have you and your trusty horse come along and help them mark trails (day or two before the ride) and unmark (the day after the ride) the trails. It can go much quicker if more can help. If you can stick around the day after a ride and help take down ribbons, markers, glo sticks, etc. that would be a great help. Also need riders to go out late in day to hang glo sticks on 75/100 mile last loops. Nice job if you get the 50 or LD done early and you have a spare horse to go. Some ride managers will loan you a horse.

HORSE AMBULANCE — A designated driver of the truck and trailer. Needs to be able to drive truck/trailer on bumpy dirt roads to outchecks and back to ridecamp to pick up pulled horses from outcheck. Must have experience loading and unloading horses but endurance horses are *usually* pretty good. It is a lot of driving back and forth from the vet checks. Ride management may have you use a donated truck/trailer or you can bring your own.



FOOD & DRINK PERSON FOR VETS AND VOLUNTEERS (aka "mom") — Someone to take coolers of food out to the out vet checks and see to it that the vets and all the volunteers get fed all day. Caring, motherly type who is social and watchful and can be a general gopher and relay messages.

RIDE RESULTS PAPERWORK & ORGANIZING RIDE AWARDS — Ride results can be ongoing all

day. Work in tandem with Master-timer. Need to be certain the numbers are correct. Accuracy is important. Help with the end of the ride paperwork with the ride management. Once all the awards/



prizes are received, they are designated to placing, a sheet is created so there are no hesitations or confusion about who gets what award. Both jobs require an organized individual.

WATER TRUCK DRIVER — Someone to regularly check and refill all the water stations in camp, at out vet checks and along the trail. Fun job for those who want to drive a BIG truck and keep cool.

CREW BOX DELIVERY — Could be the same person who drives horse ambulance. Drives crew bags to appropriate out vet checks and back at the end of the ride.

PHOTOGRAPHER — Can be a designated photographer at one particular easy access on the trail where riders still look fresh and with enough time that the photographer can get the photos developed before the end of the day. Can sell photos for nominal fee. Check with ride management to see if they already have a photographer. Riders are very grateful when you photograph a ride!



COOK/CATERER — If dinner is included in ride, need someone to organize and cook meal. Riders like plain, flavorful comfort food. You will be the most loved person at the ride!

DRAG RIDER — If ride management needs one, they will need someone patient with stragglers on the trail. Willing to ride slow as the slowest person at the tail end. May be the same person that hangs glo sticks or helps take down markers.

CLEAN UP CREW — Often the most overlooked position and one of the most needed. Stay on Sunday morning to help clean up the main camp area, pull ribbons that are left, clean up the out vet checks, help dump and bring in the water tanks. Most ride managers are very tired by this time and are very appreciative of the help. Some rides require a Forest Permit that is contingent upon leaving the area cleaner than before the ride! This is a BIG job for ride management, if they have *any* energy left, so help is very critical.

Most rides cannot happen without volunteers. I hope you can help out at a ride or two this season. Now go out and VOLUNTEER and have FUN!!

(I want to thank Ona Lawrence, Linda Karius and Anna Sampson for helping me write this article)

-----Karla Watson



SONORA CLASSIC ENDURANCE RIDE

Summerland, B.C.

May 22, 2005

75-50-25 - Plus Fun Ride

Join us for endurance riding in the beautiful South Okanagan in Summerland, B.C. Base Camp will be at the Rodeo Grounds (Showers available!).

Directions: Take Hwy. 97 to Summerland, turn onto Prairie Valley Rd. (McDonalds on the Corner). Proceed west following KVR and Rodeo Ground signs to campsite.

Head Veterinarian: Gail Jewell

Fees: In Canadian Funds: 75 Miles \$90.00 / 50 Mile \$75.00 / 25 Mile \$45.00 / Fun Ride \$20.00

- Must have current AERC card or pay \$10.00 AERC fee (except fun ride)
- Junior discount of 10%
- NO discount for Fun Ride

Dinner & Awards: Dinner will be included for the rider, \$10 for any extra meal tickets. Awards to follow dinner after ride.

General: Trails will consist of moderate elevations, open rolling hills, single track cow trails. Some rocky sections. Shoeing optional. There will be outchecks, and horse water and hay will be provided. Extra family and friends who would like to volunteer are very welcome, and will receive a free meal! ALL DOGS ON LEASHES – no exception.

Campsite: is at the Summerland Rodeo Grounds. Water provided. Some corrals available – contact Ride Management to check availability.

Ride Manager: Don Boscher

#22-750 Railway Lane, Okanagan Falls, BC V0H 1R0

Email: tboscher@telus.net

Phone/Fax: 250-497-8504

http://www.img.net/ERABC/erabc_rides/sonora/sonora_index.htm

34TH ANNUAL PRINEVILLE ENDURANCE RIDE 25/50/75 MILE MAY 14, 2005 CROOKED RIVER NATIONAL GRASSLANDS

CAMP is located again at **SKULL HOLLOW**. Take LONE PINE Rd. West off HWY 26 between Redmond and Madras and Prineville, Oregon. Proceed 3.7 miles, turn right, cross cattleguard, less than half a mile to camp on the LEFT. PLEASE do not tie your horses to the trees! Dogs MUST be tied! No un-authorized vehicles in the finish area. Horse water will be hauled in. Please bring people water. Manure and hay will need to be bagged. The club will provide bags.

THE TRAIL will vary slightly from past years, the out vet check will again be at the **CYRUS HORSE CAMP**. There are lots of cross country trails, great scenery, abundant wild flowers, and plenty of wildlife. The terrain is varied and there are some rocks.

START TIMES: 25 miles-7:30 am: 50 miles-6:15 am: 75 miles-5:30 am. **ENTRY FEES:** 25 miles-\$55.00, 50 miles-\$70.00, 75 miles -\$80.00. **NON-AERC** members must add \$10.00 Juniors receive a \$10.00 discount. **PRE-RIDE VETTING** will begin in the later afternoon on Friday. Head Vet: Mike Foss, DVM., Assistant Vets: TBA.

COMPLETION AWARDS for all those who successfully complete the ride, breed and the top

ten awards. All juniors must be sponsored and wear helmets. **AWARDS** will be given at the Sunday morning **BUCKAROO BREAKFAST**. Breakfast is free to all riders and help. Sharons Chuck Wagon will be available Friday and Saturday.

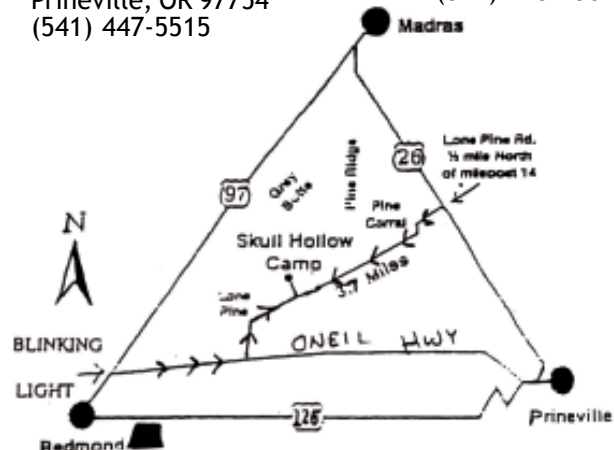
FOR MORE INFORMATION

CONTACT:

Ride Manager: Cole Still
5737 Green Valley Acres
Prineville, OR 97754
(541) 447-5515

Ride Secretary:

Anne Alford
PO Box 623
Prineville, OR 97754
(541) 416-2367





You just got your completion after a long rewarding ride. Your horse has been blanketed and is eating and drinking in the corral next to you. You sit down in a nearby lawn chair, a refreshing beverage in hand, surveying the ridecamp in front of you. THEN the thought hits you, "DINNER!" Or more alarmingly "POTLUCK!" Hopefully you have prepared, just like you prepared for the ride itself.

I have nothing against Bag-o-Salad and Tub-o-Ranch Dressing, and I have nothing against Costco Potato Salad or hotdogs and hamburgers. But at times like this, sometimes you just want something a little more special. Something more fitting to the warmth of accomplishment that you feel and more fitting to that refreshing beverage you just went to get more of. Sometimes you want to share something with your friends and fellow riders that is more than that bag of potato chips you found left over in the trailer from from last ride season. (Bring those potato chips along; Somebody will eat them. Just don't let anyone see you put them on the table.)

So what makes a good Saturday night ridecamp dish? Something that won't take too much time, but is better then Safeway deli fare I have thought about this and come up with some reasonable guidelines for myself that I thought I would share with you:

A Saturday ridecamp recipe should

- 1) be something that is delicious and hearty enough to help you recover from a day of riding.
- 2) be something that could be shared in a potluck, if one develops (e.g. Steak just does not work well as a potluck dish. Trust me!)
- 3) contain ingredients that are less likely to spoil.

4) be organized so that some of it can be done in advance to cut down preparation time to about 30 minutes or less.

5) be able to be made in one heavy-duty pot. The dish can be made either over an open fire or over a single burner and then served in the pot.

I have created three recipes that fit the above criteria, which I think you will enjoy. One is made with pork or beef, one with chicken and one vegetarian dish. I will feature the first one this month and share the other two in future newsletters.

Green Chili Stew

- 2 lbs Pork Country Ribs
- 4 TBS olive oil
- 2 TBS chopped garlic
(from the bottle)
- 1 tsp cayenne pepper
(from the bottle)
- 1 large onion chopped
- 8 fresh anaheim peppers
- 1 16 oz jar of salsa verde
- 2 8 oz cans of potatoes
- Salt and black pepper
- Sour cream (optional)
- Cilantro (optional)

BEFOREHAND. If you have an open fire you can season the country ribs with cayenne pepper, garlic salt, salt and pepper and cook over the fire.* Otherwise, cube the pork, leaving the fat on (for the moment) and season with salt, pepper and cayenne pepper. Add 2 TBS olive to the pot over medium to high heat. Throw in the garlic, stir and then add the pork. Cook until the pork is mostly done. Remove the pork from the pot with any juice and set aside. The pork does not need to be completely done as the pork will be cooked a bit more later.

ON SATURDAY. De-seed and chop the peppers into cubes about 1 inch wide. Chop the onions to about the same width.. Saute the onions and peppers in 2 TBS olive oil in the pot over medium heat. Cook until both are soft. Stir in the Pork and the salsa verde. Cook for about fifteen minutes then add the potatoes. The dish is done when the potatoes are warmed through.

Garnish with sour cream and cilantro on top.

Great with flour tortillas warmed up on the camp fire.

*When I make this dish for ridecamp, I usually eat grilled country ribs on Thursday night and steak on Friday and throw all the leftovers in the pot on Saturday.

Those of you that have dishes you can share, please forward them to me at: latiolp@cascadeaccess.com



2005



RIDE CALENDER

Millican Miles March 26 **CANCELLED**

Home On The Range April 2 25/50/75 **Othello, WA**
Mgr: Gail D. Williams. 509-865-3246 Vet: Sarah Metcalf

Grizzly Mountain April 16 25/50/75 **Madras, OR**
Mgr:Linda L. Tribby (ltribby@bendnet.com) Vet:Gene Nance

Purple Passion April 23 25/50/75 **Eagle, ID**
Mgr: Pam (purplepassionmanager@yahoo.com) Vet: Sarah Metcalf.

Kilpoola Kaper Pioneer I, II, III Apr 30-May 2
Apr 30 & May 2--30/50 May 1--30/55
Osoyoos, British Columbia

Mgr: Don Boscher (tboscher@telus.net) Vet: Gene Nance.

Owyhee 100 May 7 30/60/80/100 **Oreana, ID**
Mgr: John A. Teeter 208-834-2788 (johnt@endurance.net).
Vet Sarah Metcalf.

Prineville May 14 25/50/75 **Crooked River Grasslands, OR**
Mgr: Cole Still 541-447-5515. Vet Michael A. Foss

Klickitat Trek May 21 25/50/75 **Glenwood, Wa**
Mgr: Marilyn Milestone (mmilestone@aol.com) Vet Michael A. Foss

Nicola Valley Railway Pioneer May 21-23 **CANCELLED**

Sonora Classic May 22 25/50/75 **Summerland, BC**
Mgr: Don Boscher 250-497-8504. Vet James W. Kerr

Mt. Adams June 4 **CANCELLED**

Capitol Climb Jun 18 30/50 **Capitol Forest, WA**
Mgr: Andrea Hurn 253-405-8659. Vet Michael Vanzwol

Idaho Spuds Jun 25 30/50 **Idaho City, ID**
Mgr: Cindy Bradley 208-392-4430. Vet Gene Nance

Sunriver Endurance Ride Jun 25 30/50/100 **Bend OR**
Mgr: Ona Lawrence 503-866-1407. Vet Thomas R. Timmons

Pacific Crest Jul 2 30/50 **Ashland OR**
Mgr: Terry Canavella Roselle 541-862-8019. Vet: TBA

Ride Over The Rainbow Jul 2 30/50/100 **Merritt, B.C.**
Mgr: Barbara Holmes-Balmer 250-768-8206. Vet James E. Bryant

Rollins Ridge Jul 9 25/50 **Rollins, MT**
Mgr: Jennifer Knoetgen 406-726-3082. Vet Sarah Metcalf

Renegade Rendezvous Jul 9 25/50/75 **Old Nile Sawmill, WA**
Mgr:Gail D. Williams 509-865-3246. Vet Michael Vanzwol

Bandit Springs Jul 16 30/50/75/100
Ochoco National Forest, OR
Mgr: Linda L. Tribby 541-475-6199. Vet Gene Nance

Golden Ears Jul 16 24 (Fun Ride)/50 **Maple Ridge, BC**
Mgr: Kim Hofmarks 604-466-1007 . Vet Gail Jewell

Soldier Mountain Jul 16 25/50 **Fairfield, ID**
Mgr:Bette Will Gower 208-788-0839. Vet Jane Linville-Wiens

Gallagher Grit I-III Aug 6-8 **Kelowna, BC**
Aug 6 & 8--30/50 Aug 7--30/55
Mgr: Pam (250) 765-0441/Linda (250) 763-9381. Vet TBA

Santiam Cascade Aug 13 30/50/80 **Santiam Pass, OR**
Mgr: Mary Nunn 503-829-5321. Vet Michael A. foss

Weiser River Rail Trail Aug 20 30/50 **Council, ID**
Mgr: Pam Haynes (purplepassionmanager@yahoo.com). Vet Olin Balch

Desert Oasis FEI 100 Aug 27 100 **Oreana, Idaho**
Mgr: John A. Teeter 208-834-2788. Vet Michael A. Foss

Headwaters of the Rogue Aug 27 25/50 **Prospect OR**
Mgr: Tom Jones 541-664-0978. Vet Thomas R. Timmons

NW Labor Day Sep 3-4 **Mt. Vernon WA**
Sep 3/25/50/100 Sep 4/25/50
Mgr: Joe Abreu 360 435-0255. Vet Jerry Washburn

Owyhee High Country Pioneer Sep 3-5
Sep 3 & 5/30/50 Sep 4/30/55 **Oreana, ID**
Mgr: Stephanie Teeter (steph@endurance.net). Vet Sarah Metcalf

Oregon Dunes Sep 10 25/50 **Florence, OR**
Mgr: Tony Truffer 541-485-7106. Vet TBA **PRE-REGISTER**

PacNorth Fundraiser (aka Oregon 100) Sep 17
25/50/75/100 near Bend, OR
Mgr: Gordon Westergard 541-582-8846. Vet Thomas R. Timmons

Old Selam Sep 17 30/50 **Centerville, ID**
Mgr: Cini Baumhoff. Vet Olin Balch

Westbank Rocker Sep 17 50 **Westbank, B.C.**
Mgr: Grant F. Balmer 250-768-8206. Vet Jennifer E. Strelkauskas

Owyhee Canyonlands Pioneer Oct 4-8 **Oreana, ID**
Oct 4-5/50 Oct 6-8/30/50
Mgr: Stephanie Teeter 208 834 2788. Vet Sarah Metcalf

Foothills of the Cascades Oct 15 25/55 **Molalla, OR**
Mgr: Mary Nunn 503-829-5321. Vet Scot Lubbers

Dust Devil Oct 29 30/60/75 **Bend, OR**
Mgr: Suzy Zurcher. Vet Michael A. Foss



Dawna Bynum-Boyd
1963-2005

You will always be in our hearts.

PNER made a \$70.00 donation
to the Newberg Animal Shelter
in honor of Dawna.

classifieds

AD RATES: Buy 2 months, get 3rd for FREE! Send ads via email to editor at (karlawatson@verizon.net) Checks made out to PNER Or mail to: Karla Watson, 5320 SE Circle Ave., Portland, OR 97236. CLASSIFIED: \$5/month for 30 words. \$1 additional for each 10 more words. DISPLAY ADS: \$10 for business card size, \$18 1/4 page, \$30 1/2 page, \$50 full page. DEADLINE IS 20th of the month prior to publications.

ENDURANCE PROSPECT: 13 yr old Arabian gelding. 15.1 H. Hauls, clips, not spooky. Trail ridden for a year. too much energy for this senior woman! Experienced rider. \$3,000. Evenings 206-935-8662. (Seattle, WA)

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Where is the Junior Page?



Until ride season starts, there won't be a junior page this month. But look for me at Grizzly where I will be interviewing and taking photos of juniors!.....Amanda Watson

Please help contribute to **YOUR** Junior Page. Please let me know if you would like to be interviewed for future newsletters. Also any PHOTOGRAPHS or horsey DRAWINGS you would like to contribute. Send to: Amanda Watson (karlawatson@verizon.net) or mail to: 5320 SE Circle Ave., Portland, OR 97236.

Pacific Northwest Endurance Rides, Inc.

2005 Board of Directors & Appointed Positions

(*Denotes Board Member)

President

Julie Barnfather*

(425) 868-8684 rocknb-ranch@comcast.net

Vice-President

Sandy Cheek*

(509)246-2038. 2cheeks@vib.tv

Secretary

Joyce Kellenberger

(360)435-0255. kelhie2@aol.com

Treasurer

Karen Leiman

(503)632-0838. ndrncc@yahoo.com

Past-President

Sue Nance*

(541)923-0954. snance2002@yahoo.com

Appointed Positions:

Newsletter

Karla Watson 5320 SE Circle Ave., Portland, OR
97236 (503) 666-9066. karlawatson@verizon.net

Membership

Tiffany Leonard, P.O. Box 1535, Moses Lake, WA
98837. (509) 766-2645. arabracer100@yahoo.com

Points

Lori Walker

(425) 258-8132. littleleo@foxinternet.com

Raffle

Carol and Richard Mittie (360) 578-2617

Web Page

Cheryl Conklin, cherylconklin@comcast.net

Junior Advisor

Jessica Anderson

(360) 629-6271 endurancechica@yahoo.com

Handbook

2005--**Bianca Chevalier** cheval@harborside.com

2006--**Lois Fox** pnernews@yahoo.com

Ride Manager Representatives

British Columbia:

Terry Boscher* (250) 497-8504 tboscher@telus.net

Washington:

Marilyn Milestone* (360) 887-4258 mmilestone@aol.com

Joe Abreu* (360) 435-0255. jabreu3@aol.com

Idaho:

Pam Haynes* pchaynes@earthlink.net

Oregon

Ona Lawrence* (503) 866-1407. dale4legs@ccwebster.net

Tom Jones* (541)664-0978

Rider Representatives

British Columbia:

Terre O'Brennan* (604) 940-6958 tobytrout@bigfoot.com

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Dory Jackson* (360) 652-6907 brejd@aol.com

Sue Brown* (360) 653-5618 suebrown1@earthlink.net

Guy Cheek* (509) 246-2038. 2cheeks@vib.tv

Idaho:

Diane Dann* (208) 938-5490 tdannirg@cs.com

Oregon:

Mary Nunn* (503) 829-5321 flyingn@molalla.net

Lois Fox* (503) 692-6105 lfox@yahoo.com

Bev Smith* (503)543-6427 ndrnc@aol.com

Junior Rider Rep:

Madeline Smart, (425) 673-0115 madpony@comcast.net

Alternates:

Diane Luternauer – Oregon Ride Manager Rep

Gail Williams – Washington Rider Rep

Betty Keppler – Washington Rider Rep

Paul Latiolais – Oregon Rider Rep

Lianne Cantrall – Oregon Rider Rep

Tony Dann – Idaho Rider Rep

Please send let me know if any above phone numbers and/or email
needs correction karlawatson@verizon.net

**Pacific NW Endurance Rides
P.O. Box 1535
Moses Lake, WA 98837**



2005 PNER Membership Application

New Member Renewing Member/
Changing Information Renewing Member/
No Changes

Membership Year is January 1 to December 31

Single Membership \$35, Non-Rider/Newsletter \$20, Family Membership \$50 (children under 19 and in high school)

Name _____
Last First Sex DOB PNER#
Address _____

Telephone _____ E-Mail _____

Would you like your email address listed? Yes No

PLEASE ENTER INFORMATION FOR FAMILY MEMBERS

Spouse: _____
Name DOB PNER#

Children: _____
Name DOB PNER#

Name DOB PNER#

Name DOB PNER#

Name DOB PNER#

Signature _____ Date _____

Must be signed by parent, if minor is joining as a single without an adult.

**Send to:
PNER Membership
PO Box 1535
Moses Lake, WA 98837**

I or anyone or any animal within my control/We wish to join Pacific Northwest Endurance Rides, Inc. I/ We will comply with the Constitution, by-laws, rules and regulations of PNER. The under signed in consideration of accepting membership in the PNER, Inc. does hereby for himself, his heirs, executors & administrators, waive and release the Pacific Northwest Endurance Rides, Inc. and all individual members thereof, and all other persons regardless of their capacity in any way connected with the association described herein. I/We also waive our representatives, heirs, executors, administrators, and assignees from any and all right, claim, or liability for damages, or afor any and all injuries that may be sustained by me including injuries to animals, or from any and all claims of any kind of nature that I might have. Furthermore, I do hereby acknowledge that said release will extend to any accidents, damages, or claims arising out of my membership caused by my own or by the acts of anyone or any animal within my control.