

Day 2 - Castle Rock July 12

50 Miles

Start: 7:00

**Loop 1: 5 miles to Park
once around 7.5 m**

Loop 2: around again 7.5

**Loop 3:
To VET at 27 miles**

**Loop 4:
21 miles to HOME**

25 Miles

Start: 8:00

**Loop 1:
5 miles to park, 17.5 loop
around then VET at 12.5 miles**

**Loop 2 (25):
Again loop around 7.5**

Loop 3: 5 miles HOME

